



GSUSA IRON ON INSTRUCTIONS

1. Pre-heat iron for 5 minutes on MEDIUM to HIGH**, no steam.
2. Cover ironing board (or ironing surface) with tissue or parchment paper so any residue on the ironing board does not get on the garment.
3. Iron area of garment where emblem is to be placed for 25 seconds. It is important to keep the iron moving in a circular motion for the entire 25 seconds. Stopping the iron might result in overheating the garment. This step will heat the garment so the emblem remains in place during the application process.
4. Place emblem on garment with press-cloth on top. The following can be used as a press cloth : sheet of clean white tissue paper, 100% cotton clean white T-shirt, clean parchment paper. This will prevent damage to the emblem and the uniform as well as prevent color transfer from the emblem.
5. Iron for 25 seconds with firm pressure. It is important to keep the iron moving in a circular motion for the entire 25 seconds so garment doesn't overheat.
6. Turn garment inside out to expose underside of the emblem location. Place press-cloth under emblem (so garment dye does not transfer onto the ironing board cover), press firmly and iron back of emblem through garment for 45 seconds. It is important to keep the iron moving in a circular motion for the entire 45 seconds. Stopping the iron might result in overheating the garment.
7. Turn garment right side out, cover emblem with press-cloth and iron the garment up to and around the edges of the emblem (do not iron the top of the emblem, press on edges only). It is important to keep iron moving during this step. This will ensure the edges are properly sealed.
8. Allow to cool thoroughly.

** Heat settings and temperatures vary by iron. If you feel the iron sticking to the press-cloth, adjust the iron's heat settings.